



## **Guidelines for Referrers**

Community Connections volunteer befriending scheme offers support to older people who are socially isolated in by linking them with volunteer befrienders.

### **Please consider the following points if you would like to refer someone to the scheme:-**

Does the person:-

- Have little nearby, supportive family?
- See few people and rarely get out to meet with others or to attend social groups?
- Have no network of friends or neighbours who provide help and company?

Is the person isolated due to:-

- Ageing
- Bereavement
- Illness, mobility loss or sensory impairment
- Being new to the area
- Being no longer able to drive or get out without a little help

**Please note** – Volunteer befrienders are not support workers; the scheme does not take the place of services supporting people who have complex needs or who are in crisis.

The Befriending Scheme does not provide:-

- Personal care
- Help with medication
- Support to people with high risks who pose a danger to our staff/volunteers.

If you would like advice before placing a referral please contact Heather Vincent – Project Manager on 01600 888481

[heather.vincent@befriendingmonmouthshire.org.uk](mailto:heather.vincent@befriendingmonmouthshire.org.uk)