

# Volunteer befriender role

**Responsible to:** The Project Coordinator.

## **Duties & responsibilities**

- To engage with Befriendees and provide a supportive relationship that will improve their confidence and independence.
- To assist a befriender with participating in community life and accessing community activities.
- To visit the befriender on times agreed and assist with their required support.
- To maintain your position of trust and build one to one relationships and adhere to the appropriate boundaries within the Community Connections project i.e. policies and procedures and safety requirements
- To respect befriender's wishes and help them to become more independent.
- To work within a non-discriminatory boundary.
- To support staff with information sharing and updates.

## **Skills, experience & knowledge**

You should be:

- Genuine, honest and non-judgemental.
- Empathetic, with good listening skills.
- A good communicator who doesn't impose their own views, values or opinions.
- Approachable with a positive attitude.
- Able to form a positive supportive relationship with others.
- Self-aware and have an awareness of how situations may affect you and the befriender.
- Willing to attend training as required.



## **Training and development**

- You will be required to attend some training courses that will enhance your skills and experience and meet our requirements and needs.
- You will receive on-going support and guidance by your designated Co-ordinator who will support, advise and guide you throughout your volunteering experience.

## **Other Information**

- We request that Volunteers are willing to commit their time for 3 months. You can decide how many hours that you are able to give each week/ month; however by committing to a period of 3 months, we can ensure consistency for our befriending.
- As this post requires direct contact with vulnerable adults, a DBS check will be carried out by Community Connections.

